

SPEAKER BIO



Director,
Bridge Builders
Youth Charity

Australian Athlete,
World Marathon
Challenge 2020

Recruit #9,
SAS Australia

Podcast host,
Run with Soul

Ironman athlete,
Qualified for 2024

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Beck
MITCHELL

Beck Mitchell is an inspiring young Australian.

She is an experienced youth worker, having spent the past two decades with Bridge Builders Youth Charity, where she is currently a Director.

Beck is a passionate endurance athlete, who has specialised in Ultra Marathon events for the past 10 years. She is also the host of her own Podcast, called Run with Soul.

In 2020, Beck represented Australia in the World Marathon Challenge, which involves running seven marathons on seven continents in seven days.

In 2021, Beck was recruit #9 in the reality TV show, SAS Australia. She was one of 14 'everyday Aussie's' chosen to attempt the military style selection course, called 'Hell Week'.

Beck has qualified to once again represent Australia, this time in the 2024 Ironman World Championships in Nice, France.

Beck is a highly engaging speaker, who is passionate about helping people know their value and achieve their dreams. She brings experience and enthusiasm together in a real and authentic way, and has spoken to hundreds of audiences across Australia, and in the US.