

# Speaker Package



BECKMITCHELL.COM

*Beck*  
MITCHELL

BOOKINGS@BECKMITCHELL.COM

# SPEAKER BIO



Beck Mitchell is an inspiring young Australian.

She is an experienced youth worker, having spent the past two decades with Bridge Builders Youth Charity, where she is currently a Director.

Beck is an endurance athlete, who has specialised in Ultra Marathon events for the past 10 years. She is also the host of her own Podcast, called Run with Soul.

In 2020, Beck represented Australia in the World Marathon Challenge, which involves running seven marathons on seven continents in seven days.

In 2021, Beck was recruit #9 in the reality TV show, SAS Australia. She was one of 14 'everyday Aussie's' chosen to attempt the military style selection course, called 'Hell Week'.

Beck is a highly engaging speaker, who is passionate about helping people know their value and achieve their dreams. She brings experience and enthusiasm together in a real and authentic way, and has spoken to hundreds of audiences across Australia, and in the US.

Beck is currently training to qualify for the Ironman World Championships.







**7 MARATHONS, 7 CONTINENTS, 7 DAYS.**

# World Marathon Challenge

Beck didn't just conquer the world, she inspired us all! Representing Australia in the World Marathon Challenge was no easy feat, but this small town farm-girl shows you that even though the odds are stacked against you, the impossible can become reality. As part of her participating in the event, her created a campaign to raise funds and awareness for youth suicide. Beck also ran each marathon in honour of a person who had lost their life to suicide.

***"Completing this grueling challenge took every bit of grit and determination that I had in me, it really meant the world to me that I was inspiring so many people"***

Beck is now a member of the exclusive Inter-continental Marathon Club.





**RECRUIT #9, SAS SELECTION.**

## **SAS Australia 'Hell Week'**

With courage in her heart Beck showed us what's possible when you try! When applying to be part of SAS Australia, she knew she was either very courageous or very crazy, or perhaps a bit of both.

***"I knew it was going to be extremely difficult, I was hoping to either have what it takes to make it through or to learn a lot in the process. One way or another, I was going to give it my best effort"***

Beck completed a number of challenging tasks, endured a lot of pain and pushed herself beyond her limits to get half way through the selection course, before voluntarily withdrawing. Even though she was unsuccessful in her attempt to pass, she did learn a lot along the way and continues to share those learnings with others.



**AMBASSADOR FOR YOUTH.**

## **Director, Bridge Builders.**

Since 2005, I have been helping to change the lives of young people. It all started when I began attending Bridge Builders Youth to find help and support for my own challenges.

Years later, after successfully navigating my way through those battles, I became a mentor and decided to dedicate my time to helping support those who, like me needed someone to talk to.

For the past 18 years, I have helped hundreds of young people to find their value, begin to believe in themselves and dare to dream once again. I am incredibly passionate about inspiring a generation of young people to fulfil their potential and make this world a better place. I continue to push myself beyond my limiting belief's and I hope to inspire others to do the same.

***"You can do absolutely anything in life, as long as you have the courage to try"***



# Speaking options

## Keynote Speaker

Ideal for large corporate events, schools, churches and community groups.

- ✓ Ranging from 15–60 mins in duration
- ✓ Customised to fit your topic/content
- ✓ Includes a Q&A
- ✓ Available for meet & greet, photos etc.

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## Panel

Ideal for conferences and events.

- ✓ Ranging from 30–90 mins in duration
- ✓ Engaging and authentic responses
- ✓ Topics include resilience, leadership, team work, endurance sports, community and goal setting.

## Workshop

Ideal for camps, retreats and offsite training.

- ✓ Ranging from 60mins – 2hrs in duration
- ✓ Highly interactive
- ✓ Customised to meet your desired outcomes
- ✓ Available for meet & greet, photos etc.

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# Testimonials



"Beck is an inspirational and engaging speaker. Through sharing her journey, she made connections with all of the students, teachers and parents present. We highly recommend that any school/organisation engage the services of Beck in the future."

**Alex Baroni - Tournament of the Minds**



"Beck was totally authentic and bursting with energy. Our students were engaged and appreciative of the session. Really grateful to have Beck present to our students and would love to get her back again in the future. Great key message that can apply to everyone of us."

**Adam Lorkin - Mooroolbark College**



"Beck Mitchell is the real deal. She walks her talk and inspires all those who come into contact with her vibrant and 'Can do' personality. Leading by example, her persistence and strength have seen her overcome adversity to achieve incredible goals"

**Sharon Witt - Author, Educator and Speaker**



"Beck is one of those people you meet in your life with true grit. No matter the blockers put in front of her, either her own or other peoples expectations she has the inner strength to not settle for less and pushes through to get the most out of life"

**Phil Stenhouse OAM - CEO, Bridge Builders Youth Charity**



"Beck is the epitome of 'you can do whatever you set your mind to' having overcome what most would see as insurmountable hurdles, but always finding a way to bring out the best in her life. An absolute inspiration to us all"

**Gillian Franklin - Accomplished Business Leader & Director**